



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 MAIN MEAL  \$4.85	Trattoria Bowl Spaghetti and Meat Sauce served with WW Garlic Breadstick	Hot Chicken Hot Chicken with Gravy on a 1/2 Bun. Served with Mashed Potato and Kernel Corn	Spicy Soft Turkey Taco 1 Turkey Taco with Mexican Rice and Corn	Pancakes 3 Buttermilk pancakes served with Berries, Maple Syrup on the side.	Sweet and Sour Sweet & Sour Chicken with Rice and Carrots
WEEK 1 ALTERNATE MEAL	Pizza 3 Cheese Pizza \$3.25	Garlic Fingers Garlic Cheese Finger and Dipping Sauce \$4.25	Chicken Nuggets Chicken Nuggets served with Baked Fries \$5.00	Pizza 3 Cheese Pizza \$3.25	Chicken Burger served with Carrots & Dip \$4.50
WEEK 2 MAIN MEAL  \$4.85	Trattoria Bowl Macaroni and Cheese Served with Home Made WW Breadstick	Soft Beef Taco 1 Beef Taco with Mexican Rice and Corn	Fun Fuel Pack Chicken Snack Wrap with Grapes, and Small Low Fat cookie	Ham Meal Baked Ham served with Mashed Potato and Veggies	Soup and Grilled Cheese Chicken Noodle Soup with Grilled Cheese Sandwich
WEEK 2 ALTERNATE MEAL	Pizza 3 Cheese Pizza \$3.25	Garlic Fingers Garlic Cheese Finger and Dipping Sauce \$4.25	Chicken Quesadilla served with Mexican Rice \$5.00	Garlic Fingers Garlic Cheese Finger and Dipping Sauce \$4.25	Pizza 3 Cheese Pizza \$3.25
Week 1 Menu Dates: Sept 8 - 12 * Sep 22 - 26 * Oct 6 - 10 * Oct 20 - 24 * Nov 3 - 7 * Nov 17 - 21 * Dec 1 - 5 * Dec 15 - 19 * Jan 12 - 16 * Jan 26 - 30					
Week 2 Menu Dates: Sept 15 - 19 * Sep 29 - Oct 3 * Oct 13 - 17 * Oct 27 - 31 * Nov 10 - 14 * Nov 24 - 28 * Dec 8 - 12 * Jan 5 - 9 * Jan 19 - 23					



Chartwells School Dining Services

Baltimore Complex Price List 2014-2015



Toast and Bagels will be made to order

	Price
Yogurt Tube	\$1.25
Danone Drinkable Yogurt	\$1.50
2 pieces of Toast with Butter and Jam	\$1.50
Bagel with Butter	\$1.75
Bagel with Cheese & Bacon	\$3.00
Muffin	\$1.25



Hamburger	\$3.00
Cheeseburger	\$3.25
Chicken Burger	\$3.75
Chicken Snack Wrap	\$2.75
3 Chicken Strips with Dip	\$3.75
Pizza Pocket	\$2.50
Grilled Cheese	\$3.00
Baked Fries/Wedges	\$2.75



Regular Sandwiches - Ham & Cheese or Turkey	\$3.50
Spicy Chicken Wrap	\$4.75
Crispy Chicken or Chicken Caesar Wrap	\$4.95
Salads - Garden or Caesar	Sm. \$1.50 or Lg. \$3.00
Chicken Caesar Salad	\$4.50
Fuel Pack	\$4.75
(sliced deli meat, cheese, crackers, grapes & cookie)	



	Price
500 ml Water	\$1.75
341 ml - 100% Apple and Orange Juice	\$1.75
114 ml - 100% Apple and Orange Juice	\$1.00
250 ml White Milk	\$0.55
250 ml Chocolate Milk	\$0.55
500 ml Chocolate Milk	\$1.10
Milkshake (Tuesday only)	\$1.75



Veggie Bags (Celery and Carrots with Dip)	\$1.50
Apple Slices with Caramel Dip	\$2.00
Fresh Fruit or Grapes	\$1.25
Nacho Chips & Salsa	\$2.00
Baked Chips	\$1.50
Popcorn (Wednesday only)	\$1.25



Small Low Fat Cookie	\$0.65 each or 2 for \$1.25
Apple Sauce Brownies 2X2	\$0.80
Cinnamon Buns	\$1.50
1 Scoop of Frozen Yogurt (Vanilla)	\$1.25

Milk Cards are available - 10 small Milk for \$5.50

If getting any of the above options please see Supervisor or Cashier during non busy times (not lunch time).